Govt. of India Ministry of Skill Development & Entrepreneurship NSTI(W)Trivandrum 8th International Yoga Day Celebration

NSTI (W) Participated in the International Yoga Day Celebration at the Iconic Site for South Kerala Shri Padmanabha Temple which was lead by Shri. V Muralidharan Hon'ble Min.of State for External & Parliamentary Affairs. The program started with an enlightening speech by the Hon'ble Minister at 6 AM and then followed by Yoga in full swing by the participants from Trivandrum and in particular NSTI (W). Yoga performed at the Temple Premises and the absolute greenery had a very great impact and was mind blowing.









In the Afternoon session at 2.00 PM was arranged on heart fullness. The session was chaired by the Principal, HOO and other dignitaries where in it was stressed about how the mind will become centered and shift to deeper level. It was the real Yoga for the mind and mindblowing which is the real need of the hour.







The session ended successfully with a Vote of Thanks.